

**06 January 2025**

**To Whom It May Concern,**

**Confirmation of Training and Partnership with High Africa Adventures**

This letter serves to confirm that the facilitators of High Africa Adventures have successfully completed training provided by the National Sea Rescue Institute (NSRI). The training equips them to contribute significantly to water safety education and drowning prevention efforts in their communities.

**The training included:**

**1. Water Safety Presentation Training**

High Africa Adventures facilitators are now qualified to deliver impactful presentations on water safety. These presentations are designed to educate and empower individuals on how to stay safe in and around water environments.

**2. Survival Swimming Program Training**

Facilitators were also trained in our Survival Swimming Program, which focuses on teaching life-saving water safety skills. These skills include:

**Breath Control:** Managing breathing to stay calm and conserve energy.

**Orientation:** Understanding how to locate oneself and maintain direction in water.

**Floating:** Learning to stay afloat to reduce panic and exhaustion.

**Moving Through Water:** Basic techniques to navigate toward safety.

As part of their commitment to water safety, High Africa Adventures will be sharing this knowledge with schools and organizations that visit their facilities, as well as during their outreach programs to schools. This partnership ensures that critical water safety education reaches a broader audience, helping to prevent drowning incidents and promote safer behaviour around water.

We are proud to collaborate with High Africa Adventures in this important effort to reduce drownings through education and proactive interventions.

For any further information or verification, please do not hesitate to contact us.

Yours sincerely,

Kind Regards  
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